



Patient Information Leaflet **Your Child's First Dental Visit**

Cork University Dental
School & Hospital



The Cork Dental Hospital School Oral Health Programme aims to improve children's oral health by providing oral health assessments and any necessary preventive and treatment services. The programme is delivered by a team of 4th year or 5th year dental students who are supervised by dentists and dental nurses. The team is experienced and skilled at dealing with children of all ages.

Please note that a parent or a legal guardian must attend on the child's first appointment to provide consent for treatment and a current medical history. The child should also be accompanied by an adult on all subsequent visits.

If you fail to turn up for appointments, this may result in no further appointments, or a delay in treatment for your child. Therefore, if you are given an appointment that is unsuitable, please ring the Paediatric Dental Clinic (021-4901124) as soon as possible to arrange an alternative date.

At your child's first visit:

- Your child will be asked to sit in the dental chair and a history will be taken by a dental student including medical history, dental history and social history.
- An examination of your child's head and neck will then be done, followed by an examination of your child's teeth.
- An examination by the supervising dentist will follow. The history and treatment plan will then be discussed with the parent and child.
- In some cases, x rays and photographs may need to be taken.
- In some cases, a diet sheet will be given for home completion.
- For older children, a referral to an orthodontist may be part of the treatment plan.
- As an introduction to dental treatment, a polish of your child's teeth may be performed.
- The dental student usually gives the child and parent dietary advice and toothbrushing advice using models. A further appointment, if necessary, will then be made for the child to return.

This leaflet is available online at <http://www.ucc.ie/en/dentalschool/patients>